



Grace Notes

The Eighteenth Sunday after Pentecost

September 23, 2018

James 4:1. Those conflicts and disputes among you, where do they come from? Do they not come from your cravings that are at war within you?

Once upon a time, I lived in an Episcopal Service Corps volunteer community. This was a high-commitment, high-emotional-stakes endeavor. We purposely entered into tender conversations and tried to work through immense differences in our effort to build a caring Christian community. Not surprisingly, a generous amount of conflict ensued between us.

Be it parent issues or money stuff or other dysfunctions in our families of origin, much of our emotional messiness surfaced in the ways we tried to relate to one another. Children develop amazing survival strategies to get through their difficulties, but those strategies do not always serve us well as adults. I have spent much of my early adult life calming the tensions at war within me – those things I cognitively know to be true are at war with little me, who wants to duck my head under the covers, simply trying to survive.

What are three ways you can help calm your own internal tensions?

– Forward Day by Day

Worship Opportunities

Sunday, September 23, 2018

8:00 am Holy Eucharist – Rite I

10:15 am Holy Eucharist – Rite II

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Wednesday, September 26, 2018

8:30 am – Bible Study – Chapel

10:00 am – Holy Eucharist – Chapel

Grace Episcopal Church

1100 Washington Street

Bath, ME 04530

207-443-3762

www.gracebath.org



Our Mission Statement

Grace Church strives to love and serve God through worship and ministry in our church, the community and the world.



Remember in our Prayers

In our parish family for: Dean Batterman, Jenny Wright, Fred Kahrl, Lois Welsh, Phil Koonce, Al Ferguson, Catherine Jacob, Mary Paquin and Bill Maier.



Let us pray for family and friends: Hank Halterman, Jackie Gallo, Robert Swain, Mary-Lee Banek, Marion Dailey, Joe Amoroso, Brittany and her family, John Hall, Ed Pyles, Bruce, Keith Drew, Diane Engler, Jim Kelly, Laura Lee, Gerry Pepin, Michele Ober, Patricia White; Justin, Tina and Tim; Larry Ferguson, Mark Smith, Joan Dixon, Timothy, CC Wall and Teresa Joan White.



Happy Birthday to You!

Angela MacDonald 09/23

Katherine Auchter 09/26

Eben Lewis 09/26

Marti Torbeck 09/29

Sue Fitzgerald 09/30



A REMINDER of the letter from Father Ted last week about assistance for those displaced by the fire at Seacliff Apartments on Floral St. To assist those residents with cleaning their clothes, please consider donating laundry supplies ... detergent, bleach and dryer sheets. Large blue containers will be available in the Narthex for donated laundry supplies.

A Different Request

As many of you may be aware, Jenny Wright has been in the hospital and rehab and is now beginning her recovery from what appears to have been a case of pneumonia which exacerbated her Parkinson's. She is home and receiving OT and PT care provided by CHANS Home Health & Hospice. She is also getting assistance with personal care through Aging Excellence (AE). AE comes in twice a day to help Jenny get ready for her day and also get ready for the night. They are there each morning from 7:00 am – 9:00 am and again from 6:00 pm. – 8:00 pm each evening.

Jenny's son, Patrick, has set up a "meal train" for her and would welcome assistance from Grace parishioners in providing evening meals. AE will be there to cook whatever is provided. If no food volunteers are scheduled for a particular meal, AE will prepare frozen meals.

If you are interested in getting involved please go directly to www.mealtrain.com/trains/glmyyo where you can learn more about this amazing program and register to volunteer for a meal. If you have questions, Patrick can be reached at 207-521-4690 or via his e-mail patrick.alan.wright@gmail.com.

Patrick also shared with me that his mother is doing much better and would love company anytime with or without food!! Her telephone number is 207-442-9623.

Glenis Elliott



YARN NEEDED

The inmates at Two Bridges Regional Jail in Wiscasset need yarn so they can make scarves, hats, mittens and afghans for local agencies. They have made these items for the Food Truck in the past, but the Bath Area Food Truck has been discontinued. Glenis Elliott has suggested that they continue making the same items for the Little Flock Non-Food Bank along with the other agencies they provide them for. She picked up a bunch of items on Tuesday and was told that they need more yarn.



Yarn can be put in the same boxes that we use for the Little Flock Non-Food Bank, and Glenis will take the yarn to the Jail. Thank you, as always for your willingness to help.



Women's Book Club

The book, *Hallelujah Anyway* by Anne Lamott, has been chosen as the next Women's Book Club selection. The discussion will take place in Grace Church Library at 11:00 am on a yet-to-be-determined date. For more information, contact Paula Conley at 389-1158.

فلسطين - ישראל

Palestine - Israel

An Adult Education Series

Palestine/Israel Adult Education Series – This is an education series that will help us have a better understanding of the Israeli - Palestinian Conflict and why this matters to people of Faith. The remaining four sessions will be held Sundays between the two services in Tubbs Hall, beginning around 9:00; each session will end at 10:00.

- **THIS SUNDAY, September 23rd – 9:00-10:00** – *How Palestine Became Israel* – Join Colleen and Glenis as they share what they learned at a recent Senior College Class. They will be giving a brief history of the Palestine/Israel situation
- **NEXT Sunday, September 30th** – Continuation of September 23rd Session
- **October 7th** – Reality – “What Is Really Happening?” – Judy Smart
- **October 14th** – “Why Does This Matter to People of Faith?” – Diane Paterson & The Rev John Beaven



Reminder: Grace Church continues to collect non-food items for the Little Flock Program. There is a basket in the Narthex where items can be placed; they will be taken to the Seventh Day Adventist Church for clients to pick up. Below is a list of the items that they distribute on the **2nd & 4th Wednesdays** of the month at the Seventh Day Adventist Church, 889 High Street, Bath. (**The next two dates are Wednesdays 26 September and 10 October**). This program is open to the area communities including Georgetown. The items listed are not able to be purchased with Food Stamps, so this is a much appreciated and needed program. Thank you, as always, for your support and generosity.

LITTLE FLOCK NON-FOOD ITEMS

- Paper products such as toilet paper and paper towels
- Laundry and dish soap
- Toothpaste and toothbrushes
- Shaving essentials
- Dog and cat food
- Shampoo
- Deodorant
- Diapers
- Hats & gloves in the winter months

Weekly Bible Study

Dear Friends at Grace Church — All are welcome to join our weekly Bible Study. There's no homework or preparation required. We begin with a short time of prayer, and then we take turns reading a chapter of the Bible out loud verse by verse. Right now (and for the next three months or so) we are reflecting on the Gospel of Luke, and we're about halfway through it. Most people bring their own Bibles, but we can scrounge one up for you if you need one. At our most recent meeting, we agreed to devote the last Wednesday of the month to studying the Psalms. We meet at 8:30 on Wednesday mornings in the Chapel. (If the Chapel is too hot and stuffy we meet in the Library.) We adjourn about ten minutes to 10:00 for the weekday Eucharist, and many of us stay for that. It's important to us that our time together should be a "safe" space. We don't always agree, but we manage to be kind and respectful. Occasionally people are moved to share personal stories, and our promise is to maintain confidentiality about sensitive matters. Discussions are lively; laughter is frequent; questions and comments are encouraged. Come join our happy throng!

— Ed Greene, on behalf of the group



Circle Dinners are Forming for the Coming Year!

Circle Dinners are in "...the spirit in which we carry on the ministry of the church." They are potluck dinners with small groups of Grace people, and singles as well as couples are encouraged to take part. Circles are encouraged to "write their own script," based on members' needs and desires. Circles may choose to get together for brunch or dinner, attend a movie and discuss at a member's home, or whatever else the group chooses. If they choose a meal at each other's home, one couple or person hosts each time and, on a date suitable to all, the other members bring something to go with the entrée prepared by the host: salad, dessert, vegetable, or bread. The hosting rotates from member to member, starting with the one



couple or person in the Circle chosen as the "Convener."

This is an opportunity to gather in small groups with people from Grace, and is particularly worthwhile for newcomers. Sign-ups are at the coffee hours September 16th, 23rd or 30th for the upcoming year. Please free to contact Reta and Dick King, the Circle Dinner Coordinators, at 207-373-1573 or retasking@comcast.net if you have questions.

Worship Leaders
September 23, 2018

Celebrant – The Rev Cn Dr Ted Gaiser
Deacon – The Rev Stephanie Batterman

	<u>8:00</u>	<u>10:15</u>
Lector:	Colleen Stevens	Reg Smart
First or Single Server:	David Wetherbee	Sharon Steele
Crucifer:		Bethel Keith
Greeters:		Mary & Ray Swain
Ushers:	Roger Heard & Nancy Kinner	Connie Burt & Brian Buck
Altar Guild:	Jackie Berry	Reta King & Anne Cole
Camera:		Charlie Duffy
Coffee Hour:		Marnie Hackenberg & Amy Rogers
Altar Guild – Wednesday, September 26 – Pat Longworth		

Readings*

Proverbs 31:10-31

Psalm 1

James 3:13-4:3, 7-8a

Mark 9:30-37

*Each scripture citation has a link to the *LectionaryPage.net* reading.

Community Connections Calendar – Together Moving Forward

If you know of other organizations that might like to use our facility please have them contact Father Ted or Glenis Elliott, the Calendar Coordinator and Facilities Use Agreement Coordinator at 837-0014 or GlenisWayne93@comcast.net.

- September 24th Restorative Justice Meeting – 3:00-8:00 pm – Tubbs Hall
- September 26th Voice Lessons with Erin – 4:00 pm – Music Room
- September 27th DKG – Eta Chapter Meeting – 4:00-7:30 pm – Tubbs Hall
- October 3rd Voice Lessons with Erin – 4:00 pm – Music Room
- October 10th Voice Lessons with Erin – 4:00 pm – Music Room
- October 17th Voice Lessons with Erin – 4:00 pm – Music Room
- October 24th Voice Lessons with Erin – 4:00 pm – Music Room
- October 31st Voice Lessons with Erin – 4:00 pm – Music Room



Calendar of Upcoming Events

If you have any questions or suggestions for this calendar, please call or email Glenis Elliott at 837-0014 or GlenisWayne93@comcast.net.

Weekly Happenings

- Wednesdays Bible Study – 8:30 am – Chapel
- Wednesdays Holy Eucharist – 10:00 am – Chapel
- Thursdays Telecast of Grace Church Sunday Service – 4:00 pm – Local Cable Channel 14
- Thursdays Choir Rehearsal – 6:30 pm – Choir Room

Meetings & Groups

- September 20th Stewardship Meeting – 4:00 pm
- September 22nd Lector Refresher – 10:00 – Sanctuary
- September 23rd 2nd Palestine/Israel Adult Education Series (**See information in THIS Grace Notes**)
- September 30th 3rd Palestine/Israel Adult Education Series (**Watch Grace Notes for more information**)
- October 7th 4th Palestine/Israel Adult Education Series (**Watch Grace Notes for more information**)
- October 14th Final Palestine/Israel Adult Education Series (**Watch Grace Notes for more information**)